

## **COVID- 19 Child Care Health Policy**

Recognizing that childcare is an essential services for parents and caregivers and, to secure a safe and nurturing space for their children while they have to go to work, our program has elected to re-open (with reduce services hours) to families at this time.

Childcare ratios are required during operation, regardless of a pandemic or communication disease outbreak. In the event that enough employees are unable to come into work or are in a quarantine and ratio is not able to be met, Alegria Childcare, Ltd may require reduced operational hours or rotating days off between children. This decision would be made as required, and would be communicated with parents in writing, via email.

### **On arrival**

**PLEASE MAINTAIN PHYSICAL DISTANCE WITH THE STAFF AND OTHER FAMILIES. IF MORE THAN ONE FAMILY ARRIVE AT THE SAME TIME, PLEASE STAY AWAY FROM THE DOOR, UNTIL WE ARE READY TO RECEIVE THE NEXT CHILD.**

To avoid minimal exposure, please ring the bell and one of the teachers will received your child by the main door. **Parents or guardian will not need to enter the facilities.** Please have all his/her belonging, water bottle, lunch, extra clothes, or backpack ready with you.

Please make sure you share this info with all the members of your family that we will be helping to do drop off and pick up of your child.

*We will be checking your child temperature upon arrival. **Please complete and sign the parent confirmation of child wellness daily.***

If you need to enter because your child has a hard time with separation, please go straight to the bathroom and follow the guidelines posted in the bathroom, please make sure your child wash hands properly before, enter the classroom. Please use the “big” washroom and **avoid entering inside the classroom.**

When your child is ready to enter the classroom, the teacher will great you and received your child by the classroom door and sign him/her in. Please make sure that your child is received by the teacher and never let your child alone or unattended in the cubby area.

### **Lunch**

Please bring your child’s lunch in plastic bag (Ziploc). Hand it to the teacher and she will put it in the fridge. Avoid the used of lunch bags with fabric materials.

### **Social distance**

To maintain the physical distance as much as we can, we may call you to report any incident with your child, or if we have any questions or concerns. Please feel free to contact us by phone or email if you have any questions or you want to confirm anything before coming to the center.

**If you or your child are sick, please stay home.**

Accepting this policy, you are confirming that your child will attend the program symptom free and your child will not be taking acetaminophen or ibuprofen in the last 12 hours, before coming to the program.

### **Symptoms**

**Temperature 100.4F or 38C or higher, runny nose, cough, sore throat, difficult breathing or wheezing, unexplained fatigue, aches, or cold/flu symptoms, sinus congestion.**

**If your child present any of these symptoms, self isolate for a minimum of 10 days. He/ She may return after 10 days or when symptom free, whichever is longer. If you want to return early, you child will need to get test for Covid-19.**

**If you are unsure, please check the BC Centre for Disease Control's online assessment tool.**

**Additionally, children who have or children with others living in the same home who have been identified as at risk of potential COVID 19 exposure, may return after self-isolating for 14 days and being symptoms free.**

### **Health and wellness policy**

Our health and wellness policy continue to apply during a pandemic or communicable disease outbreak; however, additional measure may apply, based on government / licensing officer directives. This may include, but is not limited to, extending our required at-home "symptom free" time period following any symptoms or requiring children with symptoms - *even if they are feeling well and have plenty of energy* - to remain at home. Any temporary changes to our health and wellness policy during a pandemic / outbreak will be communicated in writing, via email, and will link to the authorized source of information that our temporary change is based on.

Children should not attend our program, while they have any of the following symptoms:

- Eye infections, ear infection, unexplained rashes.
- Know or suspected communicable diseases (chicken pox, hand, foot and mouth disease, measles, etc.)
- Nausea, vomiting and or diarrhea in the last 48 hours.

**If your child needs antibiotic or any medication, she/he should be at home until the treatment is finished.**

### **Traveling outside Canada**

Provincial Health Officer is advising against all non-essential travel outside of Canada, including the United States. If you do travel outside of Canada, you are asked to self- isolate (stay away from school or work) for 14 days upon your return to B.C. Please let us know if you or any member or your household are planning to travel and when are you or they are coming back.

We are implementing all these measures and restrictions to prevent and avoid as much as we can any contagious or spread of the virus; keeping an environment ,where we all feel safe and comfortable is a team effort and we need your help for the well being of children, the staff , the families and our community.

Thank you for your cooperation and understanding. **We are in this together**